



UCSF Benioff Children's Hospitals



52ND ANNUAL
MONTEREY CONFERENCE 2022

Rising to the Challenge of Modern Pediatrics: Physical, Mental, and Social Health

NOVEMBER 4-6, 2022
EMBASSY SUITES MONTEREY BAY SEASIDE
SEASIDE, CA



About the Conference

COURSE DESCRIPTION

The Monterey Bay is famous for its beautiful coastline and its many recreational attractions. This conference at the Embassy Suites Monterey Bay Seaside offers a rich learning opportunity in a pleasant and relaxing setting. Our speakers include nationally recognized experts in pediatrics and specialists from around the Bay Area as well as UCSF Benioff Children's Hospitals.

The program will provide pediatricians, family practitioners, nurses, nurse practitioners, and other allied health professionals with the latest information on the diagnosis, assessment, treatment and prevention of several social and environmental conditions of infants, children and adolescents.

Our speakers will discuss the following pediatric topics under the theme "Rising to the Challenge of Modern Pediatrics: Physical, Mental, and Social Health":

- The importance of using current COVID vaccine recommendations in pediatrics
- The benefits of applying principles of racial socialization when providing anticipatory guidance to parents
- Best practices to help children improve and maintain emotional regulation skills to manage mood symptoms
- An integrative approach to the management of children born extremely premature
- Dermatology: The latest guidelines for identifying and treating blisters and birthmarks

The conference format includes didactic sessions, case presentations, question/answer sessions, and breakout sessions.

OBJECTIVES

This symposium will enable the practitioner to:

- Identify follow-up needs for a child identified prenatally with a fetal anomaly.
- Describe the negative impact of racism on the academic, behavioral, and health outcomes of children.
- Recognize characteristics of different headache phenotypes based on the International Classification of Headache Disorders (ICHD-3) from the International Headache Society.
- Describe the current epidemiology of COVID-19 infections in children.
- Identify the differential diagnosis of blistering rashes in children of all ages from infancy to adolescence.
- Recognize the terminology used by young adults to describe their gender and sexual identities.
- Identify at least 2 lessons learned from the COVID-19 pandemic that can be used to help clinicians be better prepared for future pandemics.
- Manage nonurgent birthmarks like nevus sebaceous with active nonintervention.
- List medical screenings that are indicated for children born extremely premature, as they grow.
- Assess the unique trauma and stressors experienced by immigrant children at different stages of their migration and incorporate best practices to address these elements in care visits.
- Examine best practices for providing culturally humble pediatric care to youth with diverse sexual and gender identities.
- Examine ways in which a provider can integrate advocacy into their practice.

ACCREDITATION

UCSF Benioff Children's Hospital Oakland is accredited by the California Medical Association to provide continuing medical education for physicians. UCSF Benioff Children's Hospital Oakland takes responsibility for the content, quality and scientific integrity of this CME activity in accordance with the Accreditation Council for Continuing Medical Education (ACCME) guidelines for continuing medical education.

UCSF Benioff Children's Hospital Oakland designates this live activity for a maximum of **15 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This course is also offered through the Nursing Continuing Education Program of UCSF Benioff Children's Hospital Oakland. Provider approved by the California Board of Registered Nurses, Provider Number 00374 for 15 contact hours.

NEW! Now offering ABP MOC Part 2 Points.

To be eligible for ABP MOC Part 2 Points, participants are required to answer 70% of the presentation questions correctly using an online quiz via REDCap. NOTE: Eligible participants will receive up to 15 Part 2 points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program for 2023. It is the CME activity provider's responsibility to submit participant completion information to ACCME in order to grant ABP MOC credit.

CONFERENCE REGISTRATION

Early registration is advised.

Visit <https://bit.ly/52nd-Monterey-CONF-REG> to register as soon as possible. Registration by USPS, fax, or email WILL NOT be accepted. The program fee includes attendance at the conference, refreshment breaks, and Friday's luncheon.

DEADLINES AND REFUNDS

The registration deadline is October 7, 2022.

Registrations received after **October 7** will be subject to availability. Please contact Cristina Fernandez, CME Coordinator. Cancellations prior to October 6 will be subject to a \$75 service fee. No refunds will be given for cancellations after **October 7, 2022**.

ADDITIONAL INFORMATION

Cristina Fernandez, CME Coordinator
Continuing Medical Education Dept.
UCSF Benioff Children's Hospital Oakland
747 52nd St., Oakland, CA 94609-1809
(510) 428-3885, ext. 4343 or (510) 428-3232
Email: Cristina.Fernandez@ucsf.edu

Conference Schedule

FRIDAY, NOVEMBER 4, 2022

Questions and Answers: Each presentation will include a 10-minute Question and Answer period.

7:30 a.m.	Registration	
8:15 a.m.	Welcome & Introduction	
8:30 a.m.	Fetal Anomalies and the Role of the Pediatrician	James Anderson, MD
9:30 a.m.	Strategies to Manage Symptoms of Anxiety and Depression for Youth, Families and Ourselves	Saun-Toy Trotter, MFT
10:30 a.m.	Break	
10:40 a.m.	Oh, The Ways That You'll Grow—Care Considerations for Children Born Extremely Premature	James Anderson, MD and Noemi Spinazzi, MD
11:40 a.m.	Strengths-Based Conversations about Race and Racism in Pediatrics	Irene Loe, MD
12:40 p.m.	Lunch	
1:25 p.m.	"Oh My Aching Head": An Update on Headache Disorders	Jennifer Martelle Tu, MD
2:25 p.m.	Break	

BREAKOUT SESSIONS: Attendees will attend the TWO sessions they selected during online registration

	<input type="checkbox"/> OPTION 1	<input type="checkbox"/> OPTION 2	<input type="checkbox"/> OPTION 3
2:45 p.m. – 3:30 p.m.	Suicide: We must talk about it. Recognizing, screening, and treating suicidality Saun-Toy Trotter, MFT AND	Continuation of Strengths-Based Conversations About Race: Case-Based Discussion and Resources Irene Loe, MD AND	The Neurology Examination Jennifer Martelle-Tu, MD AND
3:35 p.m. – 4:20 p.m.	The Neurology Examination Jennifer Martelle-Tu, MD	Suicide: We must talk about it. Recognizing, screening, and treating suicidality Saun-Toy Trotter, MFT	Continuation of Strengths-Based Conversations About Race: Case-Based Discussion and Resources Irene Loe, MD

4:20 p.m. Adjourn

SATURDAY, NOVEMBER 5, 2022

Questions and Answers: Each presentation will include a 15-minute Question and Answer period.

7:30 a.m.	Registration	
8:00 a.m.	Caring for Transgender and Gender Diverse Youth in 2022	Ilana Sherer, MD
9:05 a.m.	Keeping Up With the Latest on Immigrant Health	Zarin Noor, MD
10:10 a.m.	Break	
10:25 a.m.	The Latest on COVID-19 and Children	Jenna Holmen, MD
11:30 a.m.	Pediatricians as Advocates—Their Unrecognized Power. A Panel Discussion	Irene Loe, MD; Zarin Noor, MD; Ilana Sherer, MD; Saun-Toy Trotter, MFT. Gena Lewis, MD - Moderator
12:35 p.m.	Adjourn	

SUNDAY, NOVEMBER 6, 2022

Questions and Answers: Each presentation will include a 15-minute Question and Answer period.

7:30 a.m.	Registration	
8:00 a.m.	COVID-19 and the Future of Pandemics	Jenna Holmen, MD
9:05 a.m.	Blistering Rashes	Renee Howard, MD
10:10 a.m.	Break	
10:25 a.m.	Cultural Bias	Zarin Noor, MD
11:30 a.m.	Birth Marks	Renee Howard, MD
12:35 p.m.	Adjourn	

Location and Accommodations

CONFERENCE LOCATION AND ACCOMMODATIONS

The meeting will be held at the Embassy Suites by Hilton Monterey Bay Seaside, located just two blocks from the beachfront in Seaside, California. This location offers spectacular bay views, an indoor pool, fully-equipped fitness center, and a stunning open-air atrium lobby, as well as fine accommodation options. Hotel guests can enjoy free cooked-to-order breakfast, complimentary appetizers & beverages at the nightly evening reception, and every room is a two-room suite.

Hotel reservations can be made in two ways:

1. Go to <https://bit.ly/52ndMontEmbassySuites>
2. Call 1-800-EMBASSY (1-800-362-2779) and referencing group code "52nd Annual Fall Conference"

To receive the group discount rate, reservations must be received by **October 4, 2022**. Reservations requested after this date will be handled on a space availability basis at prevailing rates.

Included in this group rate are many luxurious amenities. Hotel details may be found at <https://www.hilton.com/>

Conference Rates:

Single/Double: **\$233**

Triple Occupancy: **\$253**

Quadruple Occupancy: **\$273**



CME Committee

Patti Francis, MD, Chair
 Rose Ellen Morrell, MD CM, Vice Chair
 Tariq Ahmad, MD
 Kenneth Ducker, MD
 David Kittams, MD
 Jennifer Louie, MD
 Shelly Nakaishi, CPNP
 Mary Rutherford, MD
 Noemi Spinazzi, MD
 Mari Ikeda, MPA, Director of CME
 Cristina Fernandez, CME Coordinator
 William Burrough, MD - Chief Resident

Conference Faculty

GUEST FACULTY

Jenna Holmen, MD

Infectious Disease
 Santa Barbara Cottage Health

Irene Loe, MD

Assistant Professor
 Akiko Yamazaki and Jerry Yang
 Faculty Scholar in Pediatric
 Translational Medicine
 Stanford Maternal and Child Health Research Institute
 Developmental-Behavioral Pediatrics
 Stanford School of Medicine

Ilana Sherer, MD, FAAP

Pediatrician
 Sutter Health, Dublin, CA

UCSF BENIOFF CHILDREN'S HOSPITALS' FACULTY

James Anderson, MD

Director of Fetal Medicine
 UCSF Benioff Children's Hospital Oakland

Renee Howard, MD

UCSF Section Chief, Dermatology
 Director of Pediatric Dermatology
 UCSF Benioff Children's Hospital Oakland

Gena Lewis, MD

Medical Director, FQHC Services
 Associate Director Primary Care
 Professor of Pediatrics
 UCSF Benioff Children's Hospital Oakland

Jennifer Martelle Tu, MD, PhD

Pediatric Neurologist
 Director, Katie's Clinic for Rett Syndrome
 UCSF Benioff Children's Hospital Oakland

Zarin Noor, MD

Pediatrician
 UCSF Benioff Children's Hospital Oakland

Noemi Spinazzi, MD, FAAP

Medical Director - Down syndrome clinic (Charlie's Clinic)
 UCSF Benioff Children's Hospital Oakland Primary Care
 Assistant Clinical Professor - UCSF School of Medicine
 Director - Developmental and Behavioral Pediatrics resident rotation

Saun-Toy Trotter, MFT

Clinical Director
 School Based Behavioral Health
 UCSF Benioff Children's Hospital Oakland

Conference Registration Information

**To register, visit <https://bit.ly/52nd-Monterey-CONF-REG>.
Faculty and CME/CEU information is also available on the website.**

NOTE: Registration by USPS, fax, or email WILL NOT be accepted.

CONFERENCE TUITION

	Early reg. by Aug 29	Aug 30-Oct 7 ¹
Early registrants save 23%		
Physicians ²	\$450	\$555
Nurse Practitioners and Allied Health Professionals ²	\$307	\$380
Residents ³	\$144	\$199
Emeritus Physicians and Allied Health Professionals	\$192	\$219

¹ Deadline for registration is October 7, 2022 (Registrations received after October 7 will be subject to availability. Please contact Cristina Fernandez, CME Coordinator.)

² UCSF Benioff Children's Hospital Oakland hospital-based physicians and employees are eligible for a 5% discount for early registration only.

³ Residents in training must include a letter of verification from their training program.

CHOOSE YOUR BREAKOUT SESSION

Please select **TWO** of the three options listed below. We will do our best to accommodate all requests:

<input type="checkbox"/> OPTION 1	<input type="checkbox"/> OPTION 2	<input type="checkbox"/> OPTION 3
<p>Suicide: We must talk about it. Recognizing, screening, and treating suicidality Saun-Toy Trotter, LMFT</p> <p>AND</p> <p>The Neurology Examination Jennifer Martelle-Tu, MD</p>	<p>Continuation of Strengths-Based Conversations About Race: Case-Based Discussion and Resources Irene Loe, MD</p> <p>AND</p> <p>Suicide: We must talk about it. Recognizing, screening, and treating suicidality Saun-Toy Trotter, LMFT</p>	<p>The Neurology Examination Jennifer Martelle-Tu, MD</p> <p>AND</p> <p>Continuation of Strengths-Based Conversations About Race: Case-Based Discussion and Resources Irene Loe, MD</p>

GUEST MEAL PASSES

Lunch passes for Friday, November 4, 2022 are available for guests that accompany conference participants and can be purchased online at registration for \$40.

TOTAL FEES

For Registrants Only: Registration includes attendance at meetings, online access to program materials, a CME Certification of Attendance or Certification of Participation (sent by email), refreshment breaks, and Friday's luncheon.

COVID GUIDANCE

The CME Committee at UCSF BCH-Oakland will seek guidance from local and national public health experts on implementing the necessary safety precautions. We will email registrants with updated information as the Annual Monterey Conference date approaches. If you have any questions, please contact Cristina Fernandez, CME Coordinator at Cristina.Fernandez@ucsf.edu

HOTEL RESERVATIONS

Hotel reservations can be made two ways:

- Go to: <https://bit.ly/52ndMontEmbassySuites>
- Or call 1-800-EMBASSY (1-800-362-2779) and referencing group code "52nd Annual Monterey Conference"

Embassy Suites by Hilton Monterey Bay Seaside
1441 Canyon Del Rey
Seaside, California, 93955 USA

DISCLOSURE

UCSF Benioff Children's Hospital Oakland adheres to the ACCME standards for commercial support of continuing medical education, and disclosure of faculty and commercial support relationships. Any limitations of data and/or off-label, unlabeled/uninvestigated, and/or experimental use of commercial product discussed as part of the presentations will be made known at the activity. UCSF Benioff Children's Hospital Oakland assumes no professional and/or personal liability for the recommendation made at this continuing medical education activity.


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TIME SENSITIVE

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